



SEPTEMBER 2015



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Individual breastfeeding counseling available during pregnancy or after delivery. Call 301-759-5020 to schedule. (Allegany County)		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16 BF Support Group offered by Western Maryland Health System. 1-3 PM Call 240-964-6400 for location.	17	18	19
20	21	22	23 BF Support Group offered by Western Maryland Health System. 6-8 PM Call 240-964-6400 for location.	24	25	26
27	28	29 Prenatal Breastfeeding Class at Western Maryland Regional Medical Center's Auditorium 6-9:00pm, to register call (240) 964-6400 (classes free of charge)	30			



OCTOBER 2015



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Individual breastfeeding counseling available during pregnancy or after delivery. Call 301-759-5020 to schedule. (Allegany County)				1	2	3
4	5	6	7	8 BF Support Group offered by Western Maryland Health System. 1-3 PM Call 240-964-6400 for location.	9	10
11	12	13	14	15 BF Support Group offered by Western Maryland Health System. 6-8 PM Call 240-964-6400 for location.	16	17
18	19	20	21	22	23	24
25	26	27 Prenatal Breastfeeding Class at Western Maryland Regional Medical Center's Auditorium 6-9:00pm, to register call	28	29	30	31



NOVEMBER 2015



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Individual breastfeeding counseling available during pregnancy or after delivery. Call 301-759-5020 to schedule. (Allegany County)						
1	2	3	4	5	6	7
8	9	10	11 BF Support Group offered by Western Maryland Health System. 1-3 PM Call 240-964-6400 for location.	12	13	14
15	16	17	18 BF Support Group offered by Western Maryland Health System. 6-8 PM Call 240-964-6400 for location.	19	20	21
22/29	23/30	24 Prenatal Breastfeeding Class at Western Maryland Regional Medical Center's Auditorium 6-9:00pm, to register call (240) 964-6400 (classes free of charge)	25	26	27	28